

Subject Description Form

Subject Code	APSS3960														
Subject Title	Social Work Practice in Mental Health														
Credit Value	3														
Level	3														
Pre-requisite / Co-requisite/ Exclusion	<u>Exclusion:</u> APSS396 Mental Health and Social Work														
Assessment Methods	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%;">100% Continuous Assessment</th> <th style="width: 33%;">Individual Assessment</th> <th style="width: 33%;">Group Assessment</th> </tr> </thead> <tbody> <tr> <td>1. Group Presentation</td> <td style="text-align: center;">10%</td> <td style="text-align: center;">20%</td> </tr> <tr> <td>2. Participation & Attendance</td> <td style="text-align: center;">10%</td> <td style="text-align: center;">0%</td> </tr> <tr> <td>3. Term Paper</td> <td style="text-align: center;">60%</td> <td style="text-align: center;">0%</td> </tr> </tbody> </table> <ul style="list-style-type: none"> The grade is calculated according to the percentage assigned; The completion and submission of all component assignments are required for passing the subject; and Student must pass all the components if he/she is to pass the subject. 			100% Continuous Assessment	Individual Assessment	Group Assessment	1. Group Presentation	10%	20%	2. Participation & Attendance	10%	0%	3. Term Paper	60%	0%
100% Continuous Assessment	Individual Assessment	Group Assessment													
1. Group Presentation	10%	20%													
2. Participation & Attendance	10%	0%													
3. Term Paper	60%	0%													
Objectives	<p>The subject aims at:</p> <ol style="list-style-type: none"> 1. developing students' awareness on mental illness and mental health; 2. developing students' empathetic understanding on the needs of clients with mental problems; and 3. integrating social work orientation and intervention in mental health services. 														

<p>Intended Learning Outcomes</p>	<p>Upon completion of the subject, students will be able to:</p> <ol style="list-style-type: none"> a. describe basic knowledge and concepts related to mental health and mental disorder; b. identify the needs and problems of clients with mental health problems; c. evaluate the mental health and psychiatric rehabilitation services in Hong Kong; d. describe the basic social work intervention with clients with mental health problems; e. examine the roles, dilemma and contribution of social work professional in mental health fields; and f. be aware of the current issues and future trends in mental health care.
<p>Subject Synopsis/ Indicative Syllabus</p>	<ol style="list-style-type: none"> 1. Self reflection: Personal feelings and attitudes towards clients with mental problems 2. Social work values and concepts in mental health and mental illness <ul style="list-style-type: none"> • Various perspectives in mental health and mental illness • Social work values towards mental illness 3. Understanding clients with mental illness <ul style="list-style-type: none"> • Clients with Schizophrenia and the experience of delusions and hallucinations • Clients with Mood Disorders and negative feelings • Clients with Personality Disorders and problems • Subjective feelings and experiences of clients with mental illness 4. Social work intervention with clients with mental health problems <ul style="list-style-type: none"> • Social work intervention with Clients with mental problems • Handling psychiatric emergencies: Practice with social work orientation 5. Mental health policy and services <ul style="list-style-type: none"> • Public attitudes and stigmatization • Rights and legislation • A historical sketch of mental health service in Hong Kong 6. Multi-disciplinary team work, dilemma and roles of social work professionals in mental health services <ul style="list-style-type: none"> • Roles, identity and competence • Social work struggles and responses to institutionalized settings
<p>Teaching/Learning Methodology</p>	<ol style="list-style-type: none"> 1. Lectures 2. Seminars 3. Action Learning Project

Assessment Methods in Alignment with Intended Learning Outcomes	Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed (Please tick as appropriate)					
			a	b	c	d	e	f
	1. Group Presentation	30 %	√	√	√	√	√	√
2. Participation & Attendance	10 %	√	√	√	√	√	√	
3. Term Paper	60 %	√	√	√	√	√	√	
Total	100 %							
<p>Explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes:</p> <p>By using different assessment methods in the course, students' performance and study outcomes could be fairly measured. Group presentations in seminars require students to actively work on, as well as to present, a particular topic/concept and thus their learning on it could be assessed. Personal reflection and term paper both serve as the means to assess students' conceptual thinking, level of understanding and the organization of the important concepts learned in the subject.</p>								
Student Study Effort Required	Class contact:							
	▪ Lecture						21 Hrs.	
	▪ Seminar						18 Hrs.	
	Other student study effort:							
	▪ Academic reading every week						52 Hrs.	
	▪ Group discussion and preparing seminar presentation						12 Hrs.	
	▪ Written assignment						20 Hrs.	
	Total student study effort							123 Hrs.
Reading List and References	<p><u>Essential</u></p> <p>American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders: DSM-5</i>. Arlington, VA: American Psychiatric Association.</p>							

- Barlow, D. H., et al. (2018). *Unified protocol for transdiagnostic treatment of emotional disorders, therapist guide (2nd ed.)*. New York: Oxford University Press.
- Barrett, L. F. (2016). *How emotions are made: The secret life of the brain*. Boston: Houghton Mifflin Harcourt.
- Goffman, E. (1963) *Stigma: Notes of the management of spoiled identity*. Englewood Cliffs: NJ Prentice-Hall
- Gould, N. (2016). *Mental health social work in context*. London: Routledge.
- Kabat-Zinn, J. (2013). *Full catastrophe living: Using the wisdom of your body and your mind to face stress, pain and illness (revised ed.)*. New York: Delta.
- King, R., Lloyd, C., & Meehan, T. (2007). *Handbook of psychosocial rehabilitation*. UK: Blackwell Publishing Ltd.
- Saleebey, D. (2013). *The strengths perspective in social work practice*. Upper Saddle River, N.J.: Pearson Education.
- Segal, Z. V., Williams, J. M. G., & Teasdale, J. D. (2013). *Mindfulness-based cognitive therapy for depression (2nd ed.)*. New York: Guilford.
- Spiegler, M. D. (2016). *Contemporary behavior therapy (6th ed.)*. Boston: Cengage Learning.
- Watkins, P. N. (2007). *Recovery: A guide for mental health practitioners*. Edinburgh: Churchill Livingstone.
- Yip, K. S. (2007). *Clinical practice for people with schizophrenia: A humanistic and empathetic encounter*. New York: Nova Science Publishers.
- 葉錦成 (1991)。 *精神病觀察：康復的疑惑與解迷*。香港：金陵出版社。
- 葉錦成、潘文瑩、陳琦。(主編)(2004) *青少年憂鬱情緒：理解與介入*。香港：香港青年協會。

Supplementary

- Anthony, W., Cohen, M., & Farkas, M. (2002). *Psychiatric rehabilitation*. Boston, Mass.: Center for Psychiatric Rehabilitation, Sargent College of Health and Rehabilitation Sciences, Boston University.
- Chan, L.W.C, & Rhind, N. (Eds.). (1997). *Social work intervention in health care: The Hong Kong scene*. Hong Kong: Hong Kong University Press.
- Liberman, R.P. (2008). *Recovery from disability: Manual of psychiatric rehabilitation*. Washington, DC: American Psychiatric Publishing, Inc.

	<p>Mueser, K.T., & Tarrier. N. (Eds.). (1998). <i>Handbook of social functioning in schizophrenia</i>. Boston: Allyn and Bacon.</p> <p>Rosenberg, J. & Rosenberg, S. (Eds.). (2013). <i>Community mental health: Challenges for the 21st century</i>. New York: Routledge.</p>
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